

Albatross

Volume 49 No 6 July 2023



Newsletter of the
Cruising Yacht Club of Tasmania

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Rear Commodore	David Bowker	0418 136 493	<i>Duet</i>
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Secretary	Chrissie Rowland	0438 266 425	<i>Ca Va & Escapade</i>
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Life members

Erika Shankley, Dave Davey, Chris Creese, Andrew Boon, Kim Brewer, Paul & Rosemary Kerrison

Guidelines for contributions to the *Albatross*

These guidelines are to assist members prepare articles for the *Albatross*. Please contact the Editor (**Julie Macdonald – editor@cyct.org.au**) with any questions.

- Submit articles as a Word document, ideally less than 1600 words and no more than 5 photos related to the article. Longer stories may be serialised.
- Boat names should be *italicised*.
- Images: jpg format, and appropriately titled.
- Photos must be your own or clearly attributed and should include captions.
- **The deadline for each month is the 19th.** There is no *Albatross* in January.

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Not a CYCT Member?

Visit our website at cyct.org.au. Click on the 'Join now' button and complete your membership application online. If you have any questions please contact the Membership Officer: membership.officer@cyct.org.au. We look forward to welcoming you to our Club!

Payments to CYCT

Payments can be made by direct deposit or transfer to this bank account:
Name: Cruising Yacht Club of Tasmania Inc. BSB: 067 002 Account: 2803 5573
Please include your name and brief details of the purpose for the payment.

Cruising responsibilities

Members and others taking part in CYCT events are reminded that the decision to participate in any cruise or event rests with each boat's skipper. Information supplied by the Club or its officers is intended as a guide only. The Club does not control or lead events and neither the Club nor the event coordinator is responsible for the safety of any boat crew or persons.

Skippers are encouraged to keep Tas Maritime Radio informed of their location, destination and plans during any cruise.

SAFETY All participants in any cruise will have acknowledged the Club safety recommendations when they indicated their intention to join the cruise. The Club's safety recommendations should be reviewed by the cruise contact prior to departing on any cruise. These can be located on the Club website under the Member menu.

Regardless of information supplied by the Club or its officers the skipper is solely responsible for the boat at all times.

Editorial – Julie Macdonald



With snow on the Mountain it's not surprising that there's not much activity on the water, but hats off to those of you who braved the elements – including 40 knots in Con Dock - to join the Dark Mofu weekend. Thanks to Andrew Boon for his article describing the scene for those of us who didn't venture out.

Thanks again to Erika for helping out with this issue of the *Albatross*. She will be flying solo for the August

issue so please help her out by getting your contributions to her by the **17th July**. They can be sent to editor@cyct.org.au or erika.shankley@gmail.com

If you don't read anything else in this issue, make sure you read Val's Postcard Number 2. She doesn't just write about the places she has been and the day to day life of a live-aboard sailor, she also shares her learning experiences and talks about the small things that are making her trip so memorable.



Barbara Frankel demonstrates her rope making abilities to members Lew and Jo at the June General Meeting.

Clean Bill of Health

This widely used term has its origins in the document issued to a ship showing that the port it sailed from suffered from no epidemic or infection at the time of departure.

<https://www.history.navy.mil/browse-by-topic/heritage/speak-like-a-sailor/nautical-terms-and-phrases-their-meaning-and-origin.html>

CYCT CALENDAR..... Check the website for more details

TUE 04 JULY**Meeting**

Committee meeting 1630,

General meeting 1930 at the RYCT.

Guest speaker, new member Graham Openshaw, will be discussing his passage from USA to Australia, his preparations and what he could have done differently

TUE 11 JULY**Winter Forum**

A forum on dealing with fire onboard a boat, led by staff from Tas Fire Service who have marine firefighting experience. 1830 hours at the RYCT

SAT 15 – SUN 16 JULY**Cruise**

An overnighter in Barnes Bay, with a fire on the beach to sit around and keep warm by, as you catch up with old friends from the Club. Bring along and cook a sausage for afternoon tea which should keep your appetite at bay and allow room for some mulled wine later, warming the cockles of your heart. Brunch ashore Sunday morning can be far more extravagant. Likely to be at one of the many anchorages in Barnes Bay, subject to the weather. CC TBA

MON 17 JULY**Meeting**

WoB meeting at the RYCT at 1715 hours

Club member Chrissie Rowland will give a presentation about her recent experiences: could be Port Davey and Beyond ... or more

TUE 01 AUGUST**Meeting**

Committee meeting 1630. General meeting 1930 at the RYCT.

Guest speaker is CYCT member Les Stephens, gives details of cruising in South Australian waters.

TUE 08 AUGUST**Winter forum**

A forum on dealing with electrolysis onboard a boat. Led by Chris Davies. 1830 hours at the RYCT.

SAT 12 – SUN 13 AUGUST**Cruise**

A late winter cruise to Missionary Bay or Aitkens Point where anchorages are protected from all directions. With the daylight hours now getting a bit longer every day, take the weekend to get rid of the cobwebs onboard and check all your equipment is in good working order. Bound to be a catch up with fellow cruisers on Saturday afternoon around a camp fire ashore. CC TBA.

MON 21 AUGUST**WoB meeting**

WoB meeting at the RYCT at 1715 hours.

Jane of *Erik* will give her presentation from the AWBF, tailored for WoB

SAT 26 AUGUST**48th Anniversary Dinner**

After the success of the dinner at the Greek Club last year, we have arranged to move next door to the Italian Club for the 2023 Anniversary Dinner.

Last year the Nonnas prepared the food for us. This year think Italian wines and beers on tap, along with canapes, seafood, meat balls, pasta and finishing with a tiramisu with a twist. The food lovingly prepared by the local Italian Mammass.

Along with the Commodore Scott presenting the Cruising Plaques, the Donald Sutherland Memorial Navigation Rally trophy and the Cruise of the Year trophy, expect some entertainment as Mamma Rosa is on her way!

Only \$80 per member and you can bring your friends along for the same cost. Registrations are now open so please register early to assist the organisers. Payment not required until closer to the date.

An evening not to be missed !!!

TUE 05 SEPTEMBER**Annual General Meeting**

Committee meeting 1630, AGM starts 1930 at the RYCT followed by the General Meeting

THU 26 – SUN 29 OCTOBER**Show Day cruise**

A downwind cruise for 4 days over the Show Day public holiday. Depending on where the wind is coming from - and then predicted to be coming from - a decision will be made on a destination. CC TBA.

Commodore's report – Scott Poulter



Rachel and I are spending June and July about as far away from the ocean as we have ever travelled. We are driving from Tassie to Cairns and back via Geelong, Adelaide, Broken Hill, Bourke, Charleville and Longreach. We have one daughter in Adelaide and one in Cairns.

We have passed the shortest day of the year and are now starting to think about the coming sailing season. This is a great time to tick off some of the jobs on your checklist and prepare your vessel for the next season. Haul out, engine service, winch service, etc etc.

Some of the stories shared on the CYCT Facebook page as they happened include our members enjoying fantastic Tasmanian winter cruising in company in Norfolk Bay. Geoffrey Lea returning to Australia, arriving in Coffs Harbour, after a 15-day solo sail from Nelson in New Zealand via Balls Pyramid and Lord Howe Island. Our Winter Forums are off to a great start with a fantastic session from Bastian & Alex "Essential health care for cruisers, sailors and live-aboards".

So where and when would you like to cruise with the CYCT this coming season? Vice Commodore Mark is busy putting together the cruising calendar and is calling for inspiration, ideas, themes and most importantly cruise contacts to make this year's cruising calendar work. Have a go! Put your hand up to be a cruise contact this year. Get in early and decide where, when and what activities you would like to do. Please give Mark a call now!

Vice Commodore's report – Mark Stephenson



Writing again well in advance of the deadline, after four years hiding away from crowds of people, we decided a winter getaway would be in order - two weeks in Langkawi, Malaysia, should satisfy us. It was quite odd getting my suitcase out of the rafters in the garage and dusting it off to find it had a combination lock. A bit of time taken trying to work out just which four numbers were needed as it had been so long since I last touched the case there was nothing in the memory!

Much praise is to be given to Andrew Boon for his efforts coordinating the Dark Mofo cruise. Currently we have 21 boats set to enter Con Dock and as things always change on the day - as no pre-booking is allowed by TasPorts - I can only hope all went well. Looking forward to seeing the photos on our Facebook page (while I am sitting on a beach eating a fresh juicy pineapple) and hearing of the winners. Our Club provided three vouchers purchased from Peter Johnston Chandlers as prizes for the best lit boats. Hobart was certainly buzzing and a sea of red at that time.

I was pleased to see Club boats out over the June long weekend. With no organised cruise, the Facebook page was a great way to find other members venturing out and being able to catch up with them around a campfire. Consider using it next time you head out on the water. Although the days are short and the temperatures lower there can be beautiful times to be enjoyed cruising

in winter. Misty mornings, clear night skies, flat calm anchorages, stunning colours in the rock walls with the sun streaming in at a lower angle and then to have dolphins leading you whilst underway. We have the Mid-Winter cruise set for 15 July and then on 12 August a cruise, depending on the weather, to either Missionary Bay or Aitkens Point. These are good opportunities to get out and check the boat is working well before the summer cruising season.

At this time of the year, it is appropriate for me to mention – yes – the Anniversary Dinner is on Saturday 26 August at the Italian Club. Look further in the magazine for the advertisement. Please register early to help the planning. Smart casual dress is suggested as this is our only land-based event held where we can dress up - not worrying about the lifejackets, wet weather gear and taking along the Esky.

I'll be back home when this is read by you, with great memories of the tasty bananas, mangoes, laksas, noodle dishes, curries and I'll be likely looking at my credit card statement thinking that it really was worth it!!

Fair winds!

Rear Commodore's report – David Bowker



Preparing a yacht for a Pacific crossing

Graham Openshaw is our presenter at the July meeting. Graham is a new member who sailed from the USA to Hobart. He will review the various changes made to a coastal cruising monohull for extended blue water cruising. He will address how effective the changes were during the passage from NE USA to Australia and, with the benefit of hindsight, what else could have been done or done differently.

Please come and support Graham and it sounds as if there will be some interesting lessons to be learnt.

And my regular reminder, PLEASE REGISTER for the general meeting as numbers are limited. This will be a popular session, so registration is really important if you want to get in. RYCT is offering meals but please book separately with the RYCT office (62234599) if you want a meal and please order before 1800.

And a heads up for the August meeting when another new member, Len Stephens will be discussing the sailing in his previous home when he presents **Cruising the Gulfs and North West Coast of South Australia**

Until next month, fair winds always,



Women on Boats report – Julie Porter



This month writing in advance and before our July Meeting with our guest speaker, Thelma Morley from *Tui of Opua*. There has been a rope work theme over the past few weeks, and quite a coincidence that Thelma follows Dr Barbara Frankel at the June General Meeting with Barbara and Tom demonstrating the rope making machine.

The August report will hopefully have some engaging pictures of rope work creations!

Women on Boats has allowed me to be inspired by so many sailors, it would be lovely to share some of the stories in a “yearbook” type format. The idea is to keep it simple (and optional) but a chance to share and inspire others. I have printed some pages for distribution, but the suggested content is:

YOUR NAME

BOAT (your boat and / or boats you crew on)

Favourite sail / voyage / destination during the year

Favourite recipe

One thing learnt this year

One goal for the next twelve months

And a photo of you and one of your boat.

I have kept in contact with Val, and as I write this, Aziza has just arrived in Newcastle escorted by whales and tankers! It is such an exciting journey and one I’m sure we are following with interest and perhaps a touch of wistfulness, especially as Val is heading towards warmer weather.

As Val is away, Christine Barwick has kindly offered to step in and assist with WoB where possible. Thanks Christine, it will certainly help and keep WoB on track over the next few months.

Very much forward planning for 2024. With so many competing demands, sometimes overnight trips are difficult to run. I’m hoping for a few day sails for WoB to get out and perhaps practice one or two skills, but most importantly allow us to have some WoB networking on the water enabling more of us to attend. It’s still in the planning phase, and suggestions from other WoB would be welcomed!

In the meantime, a cool weather possibility is a land-based excursion to Franklin on a Saturday. A chance to have lunch together at Franks Cider (or one of the other establishments) and visit Franklin Marine with a wander around the waterfront. Please let me know if you’d be interested in this as something a bit different.

Membership Officer's Report – Sue Powell



Well, now that the Dark Mofo festivities are over it is time to remind you that the 1st of July is just around the corner and time for **Membership Fees** to be paid on or after July 1st. This is the first month since I took office that no applications have been received, so the winter blues are upon us and I have little to report, other than I have started physio this week so there is some dim hope that I may be active aboard in the summer season.

New Members Directory from October 2022 – Sue Powell

New Member directory from October 2022 – Sue Powell

Kingfisher	Neil & Gillian Walter	0455 554 806
Pandana	Rick & Madaleine Payne	0411 708 060
Luna Seas	Richard Scarr	0417 693 740
Moonwatch	Graham Harris	0417 463 158
Phoenix	Brett, Megan, Kate & William Suttor	0408 634 552
Irish Mist	Gary Davidson & Cathy Sheean	0402 339 900
Skye	John Avery	0435 671 243
Skye	Jenny Avery	0402 537 624
No Boat	Sally Ellery	0401 175 099
Isabella	Michael White	0411 513 3 86
Isabella	Christine Edwards	0408 551 973
Caprice	Richard Perry	0414 709 611
Caprice	Julie Perry	
Escape Plan	Anne Travers	0417 402 433
Escape Plan	Mathew Bretherton	0430 321 430
Escape Plan	Bill Fulton	
Escape Plan	Liam Travers	
Mystique	Annie McComb	0437 808 612
Wynd Chill	Mel Bartlett	0421 564 847
Wynd Chill	Fiona Caird	0402 356 232
No Boat	Justin Barwick	0418 538 419
No Boat	Ian Paget	0413 027 003
Leela	Graham Openshaw	0439 315 681
Leela	Janet Lennie	0467 036 147

Winter Forum: Medicine on Yachts – David Bowker

The first Winter Forum of the season was held on the Tuesday 14 June and the subject was Medical Situations on Yachts. The forum leaders were Bastian Seidel and his wife Alex. When they are not sailing or bush walking with their children, Alex and Bastian work as GPs in the Huon Valley and Bruny Island. They are both GP supervisors and have held positions as President of the Rural Doctors Association in Tasmania and national President of the Royal Australian College of General Practitioners respectively.

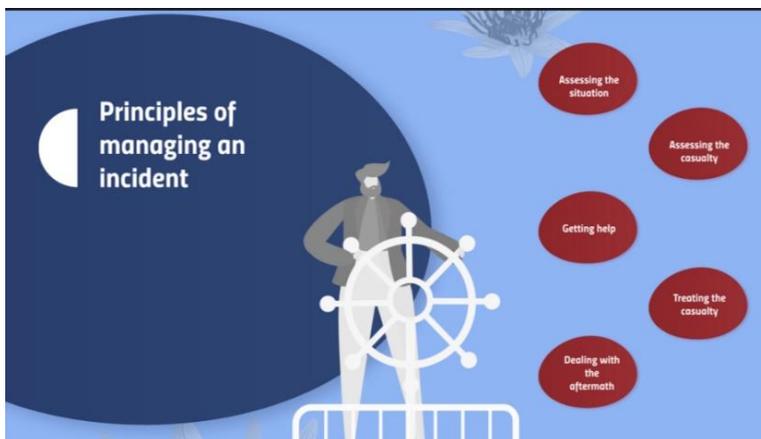
The forum was attended by about 25 enthusiastic Club members. As both Bastian and Alex are well medically qualified, they were able to present from a base of extensive medical knowledge. They also sail so were able to give some very practical advice on what works in a very wet yachting environment. One example discussed was the dangers of using AED in a wet cabin. Yachts also often have a very restricted space to work in which causes some additional challenges.

The slide below was the introduction which highlights the possible start of a number of medical incidents and most of these were discussed. Often when sailing, you are some distance from outside



assistance so there was also much discussion on when and how to call emergency services and the different forms of support which they can offer. See slide below on the Principles of Managing an Incident.

Bastian had brought 6 CPR manikins from Bruny which can be used to practice CPR and everyone had an enthusiastic practice at CPR. Bastian told us that mouth-to-mouth resuscitation was now a much lower priority than chest compression, especially following Covid. We were also amazed to learn that only around 4% of people who receive CPR in the community (ie not in hospital) actually survive. Not what the movies show us at all.



The photos show some of the experimentation which took place in finding ways of undertaking CPR. It is a pretty tough activity to undertake for more than a minute. If it is done properly then the recipient can expect to have some broken ribs.

The level of questions meant that we did not cover the complete content of the course. Bastian has committed to amending the balance of the course to include the comments from the participants. Unfortunately, he is not able to run another course until next winter.

A very successful first winter forum. Thank you Bastian and Alex.



Dark Mofo in Constitution Dock 16-18 June 2023 – Andrew Boon

We made it! Nineteen boats safely tied up in Constitution Dock after two bridge openings. I notified Hobart VTS of the additional traffic through the Kings Pier marina and confirmed the opening time with TasPorts. At 1100 hours the bridge was lifting and the first nine boats entered: *Argos*, *Serenade*, *Dalliance*, *Willyama*, *Serenity II*, *Venus*, *Verna*, *Isabella* and *Juliet*. Lucas launched his rubber ducky from *Serenade* before the opening and helped with manoeuvring boats into their allotted spaces, especially with setting *Isabella's* anchor. Thanks Lucas!

Ten boats entered at the 1430 opening, in order: *Sant'ana*, *Freebooter*, *Mischief*, *Elysium*, *Escape Plan*, *Sheekee*, *Objectif Lune*, *Rusalka*, *Feeling Swell*, *Mystique*. Not quite as slick as the first group, but they sorted themselves out and set about putting up a little or a lot of red lights around and over their boats. The weather was mild and relatively calm, and many took the opportunity to wander around the festival attractions.

Judy and I looked at the quality of the boat decorations and chose the prize-winners. Several boats had obviously spent serious time fabricating various shapes of red lighting. The winner was *Isabella* with her red anchor, second place to *Sheekee* for the mass of lights in the rigging, and third place to *Rusalka*. *Argos* and *Verna* received honourable mentions.



Saturday brought a NW wind gusting over 25 kph initially. *Juliet* added a long bow line to supplement the anchors of the four boats moored stern-to in the crosswind. An attraction (?) was the monster sale of jewellery in the Mawson Pavilion – the queue extended well along Davey Street! The fine, mild weather continued, but the wind continued to strengthen. The BoM recorded a gust of 49 knots at Battery Point and *Isabella* saw

39 at the masthead. Crews of *Rusalka*, *Objectif Lune* and *Venus* attempted to rig a mooring line across the Dock to hold the raft of stern-to boats off the concrete. They eventually succeeded, aided by Max in the rubber ducky, and safely rode out the stronger winds. By the appointed time for the presentation of prizes, the wind had calmed appreciably, and an enjoyable happy hour ensued.

Thanks to TasPorts for the very attractive bulk rate for the two nights, also to their friendly and efficient operations with bridge openings and general queries.

Book Review – Mark Stephenson

**Wandering under Sail by Eric Hiscock**

While searching for my next bedtime reader I came across this smaller soft back I had purchased quite a while ago (it still has a \$15.95 price sticker on it) when I was much younger and had dreams of sailing around the world. Living in Darwin and being on the round world cruiser's trade wind route, we saw up to 150 yachts per year transiting our waters and with only a 22ft trailer-

sailer at the time, I had lots to dream about.

This book was written in 1938 when the author was 30 years old and single at the time and describes his mainly solo cruising the coasts of England, Scotland and Ireland. It was interesting reading of how his 24ft *Wanderer II* had no engine, no electrics, paraffin navigation and cabin lights, a lead line for sounding, and forward in the cabin an open coal fire for heating - adjacent to a bucket WC.

He had to contend with strong currents, shifting sand bars, limited navigation markers – some were removed during war time and slowly replaced – and plotting his course on paper charts using dead reckoning and sun and star sights taken through the clouds and then a location extracted after much calculation.

So much that we take for granted today was not even thought of then. Imagine no GPS or chart plotter, radar, electricity, depth sounder, VHF radio, autopilot, or refrigeration. Imagine also using a battery powered torch and morse code to communicate with other vessels.

I should have recorded his weather descriptions as on recollection it seems that throughout each of his summer cruises he had appalling weather. One gale after another! He'd tack his way in the dark into an anchorage to find a few hours later it became a lee shore and he had to move on. In the dark. Alone. No anchor windlass, manually lifting chain and anchor. One year he decided to cruise to Brittany expecting the weather would be much better but sadly much the same. His endurance surprised me. The Brits certainly knew how to do it hard.

His writing style is one of those you find difficult to put the book down. A great read.



AWBF campaign aimed at promoting wooden boats and maritime culture to young people – David Bowker

The AWBF is addressing calls by members, wooden boat enthusiasts and the Tasmanian community to provide more opportunities for young people to engage with seafaring culture and pave the way for the next generation of maritime leaders. They believe encouraging younger generations to get involved benefits everyone and leads to a culture of intergenerational cooperation, trust and respect that has positive impacts across society. Activities like “My First Boat”, “Quick & Dirty Boat Building Challenge”, “Young Leaders of the Sea”, and the “Sort it out for the Scouts” waste program are just some of the AWBFnextgen projects you will be helping to support.

Did you know that for nearly thirty years, the AWBF has biennially contributed roughly \$4 million directly into the pockets of maritime and community organisations, local businesses, and educational programs? The ripple effect sees a further \$25 million impact on tourism and the local economy.

As a not-for-profit, AWBF receives funding from government grants. However, grants don’t cover all their needs, and in the current climate grants are becoming scarce. It’s only with the help of people like you that they can keep the Festival sustainable, inclusive, and free and continue to support the wooden boats, maritime and Tasmanian community.

This is the first time the AWBF has actively campaigned to raise funds. We hope to have your support and thank you in advance for any contribution you’re able to make.

To make a tax-deductible donation that invests in our community, and is quick, easy, and secure please go to: <https://australianwoodenboatfestival.com.au/awbfnextgen-donate/>

Quiz

What do these nautical terms mean?

1. Stow
2. Screw
3. Marlinspike
4. Displacement
5. Yaw
6. Jacobs Ladder
7. Lubber's Line
8. Quarter

Reminder of the Winter Forum coming up on July 11th. This Forum will deal with fire on board a boat, led by staff from Tas Fire Service. Register now!

Answers page 25



TIME TRIAL

DATE: JULY 2

FIRST BOAT: 1400 HRS

ENTRY: \$20

RYCT BBQ TO FOLLOW



MORE INFO



The Royal Yacht Club of Tasmania invites CYCT members to join in a time trial for power boats and yachts under power. The format is simple. There will be a route around the buoys in the Derwent, all within a few miles of the Club. You and your crew will estimate the time it will take to complete the circuit and your average speed. Entry is via the online form on the website which you can access through the QR code above or ryct.org.au | sailing | cruising | time trial.

For queries, please contact our Rear Commodore, David Bowker, dgbowker@gmail.com

**CRUISING YACHT CLUB OF TASMANIA
48TH ANNIVERSARY DINNER**

SATURDAY 26 AUGUST 2023

Italian Club, 77 Federal Street, North Hobart



Commencing at 1830 hours
with a welcome drink from Italy, served with hot and cold
canapes

Entrée of Italian meatballs in tomato sauce or calamari in a
balsamic reduction

Main course of oven baked tortellini in an 18-hour ragu, tossed
with mozzarella and bocconcini and served with an Italian
salad

Dessert is Tiramisu semifreddo, served with whipped cream
and chocolate sauce

Tea and coffee included.

Well priced Italian and Australian drinks available from the bar.

Only \$80 per person. Guests welcome.

Expect some very special entertainment as Mamma Rosa is on
her way

Register and pay on the Club's website

Postcard 2: “You do You”; Beware the Sandwich! – Val Nicholls

June 17th Forster/Tuncurry hanging off a mooring in an energetic tidal stream, wondering if I'll ever be able to get to shore.

In my last postcard, I had just said goodbye to crew Meg in Bermagui. Since then, I've crept up the Victorian and NSW coast day-hopping, singlehanded to Batemans and Jervis Bays, Shell Harbour, Port Hacking, into and around Sydney Harbour and on to Pittwater, Newcastle, Port Stephens and now Forster. It amazes me how far one can travel with a good boat, patient weather choices, plenty of common sense and no hormones.

There have been many unforgettable welcomes into port or harbour by whales, ferries, tankers, battleships and 30-40 knot headwinds (Jervis Bay). Yet, the sweetest of them all was early in the adventure as I came up to a marina jetty in Paynesville. From nowhere a woman appeared holding out a small box neatly packed with deli treats. “I noticed you earlier and heard what you are doing. I want to give you a gift”. There was Wollombi cheese from her hometown, homemade fig paste, tomatoes from her garden, fancy crackers, a few twiggy salamis and a mini bottle of bubbles. She declined an invite to stay and chat; a hug and a smile and she was gone. A welcome that still moves me.

Aziza is a constant teacher. There are many lessons but right now two stand out. I work with them daily. The easier is what I call *Beware the Sandwich*. I learned this early in the journey. I was fixing something with the engine and fuel delivery, a cramped uncomfortable exercise. Crew Tracey called that lunch was ready, one of her toasted cheese and pickle specialities. The lure was intense, and I dropped tools and enjoyed. However, satiated by cheddar and yellow pickles I forgot to get back to the task. Later in the day, fuel delivery was misbehaving - and in this instance I recalled my incompletion of the job and sorted it out without too much problem. However, I have since learnt that it is perilous, for me at least, to mindlessly break a task stream. I am trying to cross-over, from a “brag about it” multitasker to a single-minded job-at-a-timer. It's been difficult but I'm getting better and see the merits.

The other big lesson is such that it might take my entire life to learn. I commented to my pal Strath that whilst not wanting to offend, I didn't really want to go for sundowners with boat neighbours for a third night in a row. He replied, “You do you Val, you do you”. This simple reply, this affirmation of preferences and individuality, has resonated. It encourages me to investigate and respect my priorities, style and decision making. It impacts positively on my level of Skipper confidence and sailing enjoyment.

I'm surprised by my experience of fear. It is not what I expected and is perhaps a disappointment to those who ask about my scariest times. I have noticed on occasion that the proverbial has hit the fan, my brain has gone into uber pragmatic mode. No cortical energy wasted on feeling afraid. I hear myself shout instruction and encouragement to myself: “Grab this, do that, well done, try this, go on, be brave, good on ya! Whoops, not that one!” Mostly, I have felt fear and anxiety in the security of a marina after a couple of days of lattes, real toilets, showers and long walks. I begin to feel afraid of the bar I successfully navigated on the way in, fearful of the elements, my capacity, sanity and choices. I'm learning to counter this with passage planning, engine checks, weather checks, a little quiet time, a reminder that moving on is a choice not a necessity. So far, once I get going the fear disappears.

One of my great pleasures recently has been meeting 80+ year old sailor Bob. His humour, enthusiasm, experience and gentle knowledge sharing has inspired me to imagine myself doing same in a decade. He has also solidly debunked my apologetic attitude towards using the engine in light winds on long journeys to an anchorage. "Ya gotta give that engine a workout Val, 6 knots, 6 knots!".

Updates to CYCT website – Rob Greenwell

I see the CYCT website as having 2 purposes:

1. Non Members – A point of reference for cruisers to find information and links on cruising in Tasmanian waters.
2. Members – A place to share cruising information, keep up to date with relevant maritime laws and issues, create fellowship through connection, sharing of stories, photos and events.

Since taking on this role at the start of the year I have made a few changes to the Document Library structure. I have to say I was unaware as a member how much information was stored in the 'Documents Library"! I spent many hours combing through the files and have restructured document folders, in an attempt to assist the ability to seek information.

A brief description of Document Folders is as follows:

- *Albatross*
 - Sub folders are divided into decades of past editions back to 1975.
 - Current year editions are in the top folder and only accessible to up-to-date members.
- Cruising
 - I have grouped all the information on cruising into four areas: Furneaux Islands, North Tas, SE Tas and SW Tas. Check them out for information the Club has gathered, including soundings, charts, fish farm updates and presentations.
 - Includes sub folders:
 - Club Cruises
 - Past cruise diaries, logs and information
 - Charts
 - OpenCPN information, GPX files and presentations about charts.
- General Boat/Yacht Information
 - 17 sub-topics about maintenance, safety and fish farming.
- Club Policies/Management
 - Contains folders of club meetings, financial and policy documents.
- WOB
 - Currently empty, for use by the group WOB.
- CCCA Documents
 - The Coastal Cruising Club of Australia shares their newsletter, *The Mainsheet*, which has interesting articles and stories about cruising and some informative documents on cruising that have been shared.
-

- History

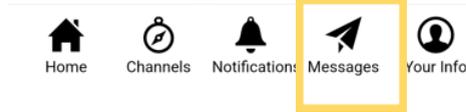
Contains stories of the Club, founding Commodore, past office bearers and records of our past cruising calendars.

The Cruising Guides webpage has had additional links added. The Club is moving away from selling Guides due to the cost and logistics but will continue to gather information and update Cruising Southern Tasmania and Cruising North East Tasmania Guides. Other Guide links added include Tas Anchoring Guide, The Shank, Victorian Cruising guide, MAST and Jack and Jude.

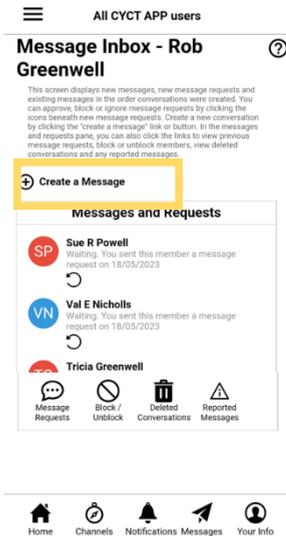
Recently ClubExpress, our web service provider, updated the software with a major update to the CYCT app. A major part of the update was to the app, which has a new layout and includes a new feature, "Messages". You can only message fellow CYCT club members and you need to send a request which has to be accepted by that person before you can start message conversations. A group can be formed by including multiple recipients. This feature will be handy for communicating directly to participants in an event.

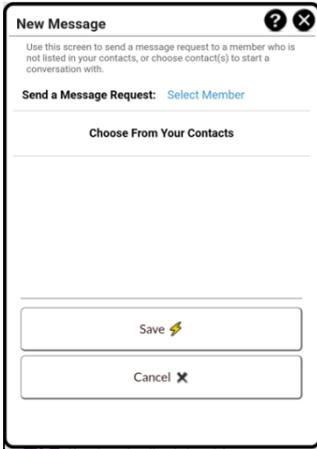
To start, log onto the CYCT app and have a go following these steps, marked by the yellow boxes:

1. Select the 'Messages' icon at the bottom of the screen:

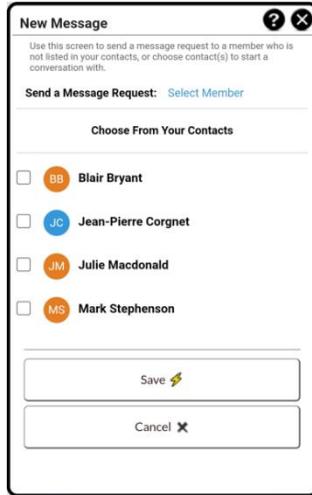


2. Click on Create a Message;

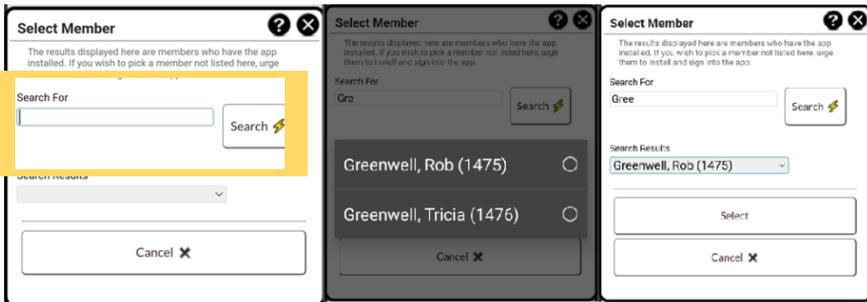




3. Then send a Message Request by selecting 'Select Member'; This has to be done member by member. Once the recipient has accepted, they come up as a list in 'Your Contacts'.



4. To find a member you will need to know their surname. Enter the first few letters in 'Search For' box and then click 'Search'. (Leave the 'Search For' box blank and select Search. All members will show up.) From the list of names that appears select your recipient.



- 5. This will return you to the 'Messages and Requests' page.
- 6. To add more people to your contacts, repeat Steps 1 to 4 above. This will build up a list of contacts as shown in the second image in Step 3. Any questions about our CYCT app or the website, please contact me.

Note - those who haven't accepted your invite will appear with a counterclockwise arrow under their name.

Message from Mast

If you missed your autumn edition of *Boatwise*, you will find the online version on the MAST website. It's well worth a look for updates, reminders and useful articles.

One article that is relevant to our members is reprinted here.

AUTOMATED EXTERNAL DEFIBRILLATOR (AEDS) ON BOATS REGISTER

MAST would be interested to hear from boat owners as to their thoughts on creating a register of those boats that carry an AED on board. This may just save someone's life on a vessel anchored near you, particularly at remote locations such as Schouten Passage, Port Davey, or the Hunter Group.

If you have one on board and would be happy to be put it on a register, then please email admin@mast.tas.gov.au

This is very early days, and it would be good to see what response there is. If we do get a good response, then we will pursue the idea and report back in the summer edition of *Boatwise* and via Facebook and our periodic electronic newsletters.

To sign up to receive MAST e-newsletters go to mast.gov.au/subscribe

Marine Radio Course

CYCT Member Rick Allen from *MV Southern Explorer* is an Invigilator for AMC and runs Short Range Operator's Certificate of Proficiency (SROCP) courses for Veterans. Rick is offering to run two dedicated courses for CYCT members only at a reduced rate of \$220 per person, on Saturday 24th June 2023 or Saturday 22nd July. CYCT members who have completed this course may then apply to the CYCT for a subsidy from the CYCT Development Fund. For this course the subsidy would be \$60 for eligible applicants (eligible = must have been a full member for 1 year, may only receive one subsidy per year, must apply in writing/email within 60 days of completing the course).

To book a place in this course, please phone Rick on 0419 304 500

Minutes of the General Meeting, Tuesday 6th June 2023

Opening - Chair

- The Commodore Scott Poulter opened the meeting at 7:30pm.

Rear Commodore – Guest Speaker Presentation

- Rear Commodore David Bowker introduced the guest speaker: Barbara Frankel - Knots and Antarctica. Barbara described how she became involved in traditional rope making and with the aid of several volunteers and some lovely wooden equipment demonstrated traditional rope making. The Commodore presented Barbara with a plaque in appreciation.

Secretary

Attendees and Apologies

- Registered on-line.
- Apologies in advance: Val Nicholls, Sue and Mike Powell, Jean-Pierre Corgnet
- Apologies on the night: Michael Rowland, Mary and Andrew Perkins, Liz Gorman
- There were no guests present.

Minutes of the last General Meeting

Motion - The minutes of the previous General Meeting held on Tuesday 2 May, as published in the June *Albatross*, be signed as a true and accurate record of the meeting:

Proposed by: Andrew Boon Seconded by: Blair Bryant Unanimous

Business arising from the Minutes

- No business raised from the minutes.

Membership Officer – New Members

Applications for Membership & Provisional Members

Sue was unable to attend the meeting and the Commodore stood in her place.

Introductions

- The Commodore welcomed the following new members, presented them with Club Burgee and invited them to say a few words:
- John and Jenny Avery on *Skye*. John and Jenny had sailed up from Franklin for the meeting.
- Graham Openshaw and Janet Lennie on *Leela*.

Vice Commodore - Report

What's happened

- No Events in the last month

What's to come:

- June 16 – 18, Dark Mofo Weekend, 20 boats registered and one on the waiting list. Andrew Boone is coordinating the entry to Constitution Dock. Can still register on the wait list. Prizes will be being provided for the best dressed boats.
- July 15, Mid-Winter Cruise no cruise contact at the moment.
- August 12th, Missionary / Aitkens Point Cruise no cruise contact yet.
- August 26th, 48th Anniversary Dinner at the Italian Club with Mumma Rosa. Commodore will be presenting the Donald Sutherland Memorial Navigation Cruise, Cruising Plaques and Cruise of the Year Award. Please register and pay online after of 1st July.

For Discussion

- Reminder that nominations for Cruise of the Year and for Cruising Plaques are due by the 30 June. Guidelines are in the last *Albatross* so please nominate yourself or someone else.
- 2023/2024 Cruising Calendar – work has commenced on the calendar and Vice Commodore Mark has requested that members contribute ideas for cruise destinations, themes and cruise contacts via email.

Treasurer - Report

- Scott provided an update on the current financial position of the CYCT. Likely to break even for the financial year based on projections of outgoings over this month.
- Insurance has been renewed.

Commodore

Information

- A Marine Radio course is being offered by CYCT member Rick Allen from *MV Southern Explorer* - see the details in June *Albatross*. (CYCT Development funding is available to members who qualify and wish to apply).
- Winter Forum Update – Blair Bryant – Next Tuesday Bastian Seidel will be presenting on medical emergencies in workshop forum. Members will be given the opportunity to ask lots of questions in this interactive session.
- Women on Boats update - Julie Porter
 - June meeting bright work with Barbara. Thelma Morley rope work and knot work.
 - At the June meeting Thelma will be demonstrating mats for mariners and the beautiful woven mats.
 - Chrissie will present on Port Davey in July and in September we will cover COLREGS. October will be a flare demonstration.
 - Julie thanked Rob for updating the website.
 - Women on Boats are still looking at offering the full AMSA Long Range Course through SisterShip Radio Training.

- Scott congratulated Julie Porter on the Premiers Volunteer of the Year Award.
- Supporting your Club – Nominations are being sought for a number of important positions on the CYCT Committee for the coming year.
 - Vice Commodore Mark Stephenson will step down after three years in the role.
 - Rear Commodore David Bowker will also step down after three years. David is keen to continue supporting the Club on Committee.
 - Julie Macdonald will also step down from her role as *Albatross* Editor after three years (and heading towards 33 editions). Erika Shankley will be stepping in to assist for a couple of months but need a replacement for Julie.
 - Blair Bryant will not be renominating for committee. On Committee, Blair helped organise the Winter Forums.
 - At this stage, the remaining Committee members are likely to renominate for their current positions.
 - Without the fantastic effort of these Committee members the Club will not function so please consider nominating for any role for the coming year.
- The Autumn MAST *Boatwise* magazine contained three interesting stories:
 - Electronic visual distress signals will be available as alternative to flares with requirements for a EPIRB and VHF.
 - MAST are proposing an Automatic External Defibrillator (AED) Register of Boats
 - Winter and the risk of cold-water immersion: (life jackets, clothing, breathing control)
- Marine Traffic shows Val is safe and sound at Broken Bay north of Sydney in Refuge Bay
- Jeffrey Lea departed New Zealand 13 days ago and looks to be heading north, possibly toward New Cal?

Discussion

- Web Master
 - Updates to software that runs the website and App. We now have a messaging function which enables members to communicate with other members. This will be useful for Club events such as cruises and can also be used outside of cruises.
 - Website home page has also been updated.

Other Business

Members can bring up topics for discussion

MAST has removed the wreck from the Duck Pond so more room available.

Wreck in Quarantine is still there however buoy has gone (it is apparently only required to be in place for 6 months). The position is marked on the chart.

Next Meeting

- Tuesday 4th July 2023 at 19:30. Scott will be away, and Mark will chair the meeting in his absence.

Close

- The meeting was closed at 21:00 and members were invited to socialise.

**Quiz answers**

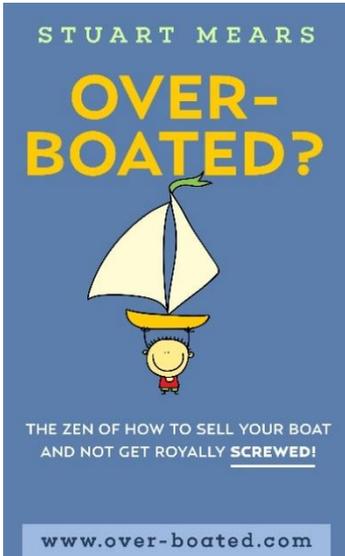
1. To put an item in its proper place.
2. A boat's propeller.
3. A tool for opening the strands of a rope while splicing.
4. The weight of water displaced by a floating vessel, thus, a boat's weight.
5. To swing or steer off course, as when running with a quartering sea.
6. A rope ladder, lowered from the deck, as when pilots or passengers come aboard.
7. A mark or permanent line on a compass indicating the direction forward parallel to the keel when properly installed.
8. The sides of a boat aft of amidships.

<https://triviabug.com/q-and-a-quizzes/>



FOR SALE!

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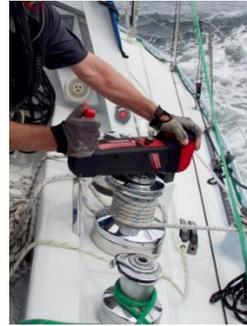
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